

<b>Monday</b>	9:00 Limber Limbs (*PPOR)	9:00-9:45 Water Walking (Swimming Pool)	(*PPFL)	PP Fireside Lounge
	9:00-9:45 Water Aerobics (Swimming Pool)	9:00 & 10:00 Limber Limbs (Ch 2)	(*PPCR)	PP Cimarron Room
	9:00 & 10:00 Limber Limbs (Ch 2)	10:00 Limber Limbs (*WSCR)	(*PPOR)	PP Oakwood Room
	10:00 Limber Limbs (*WSCR)	10:45-11:30 Stretch & Balance (*PPOR)	(*WSCR)	Windsong Caprock Room
	10:45-11:30 Stretch & Balance (*PPOR)	11:15 Stretch & Balance (Ch 2)	(*WS WC)	WS Wellness Center
	11:15 Stretch & Balance (Ch 2)	11:30-12:00 Strength Building (*PPWC)	(*PP WC)	PP Wellness Center
	11:30-12:00 Strength Building (*PP WC)	1:15-2:00 Gym Time (*PPWC)	(*WSLPR)	WS Let's Play Room
	12:40-1:30 Gym Time (*PP WC)	2:00 Men's Club (*PPCR)	(*BC Dining)	BelleCourt Dining
	<b>1:30 Shop Walmart on 4th/Shop Target</b>	2:30-3:15 Cardio Training (*PPWC)		
	1:30-2:30 Brain/Game Training (*PPOR)	2:30-3:30 Sign Language Class (*PPOR)		
	3:00 Tai Chi Chih (*PPOR)	4:30-5:30 Water Aerobics (Swimming Pool)		
	4:30-5:30 Water Aerobics (Swimming Pool)			
<b>Tuesday</b>	9:00-9:30 Gym Time (WSWC)	<b>Thursday</b>		
	9:00 Limber Limbs (*PPOR)	9:00-9:45 Campus Walk (PP/WS Lobby)		
	9:00 & 10:00 Limber Limbs (Ch 2)	9:00 & 10:00 Limber Limbs (Ch 2)		
	9:30-11:00 Cornhole (*PPFL)	10:00 Limber Limbs (*WSCR)		
	10:00 Limber Limbs (*WSCR)	10:45-11:30 Stretch & Balance (*WSCR)		
	10:00 Creative Writing (*PPCR)	11:15 Stretch & Balance (Ch 2)		
	10:45-11:30 Stretch & Balance (*WSCR)	11:30-12:00 Functional Fitness (*WSWC)		
	11:15 Stretch & Balance (Ch 2)	1:30-2:30 Cardio Training (*WSWC)		
	11:30-12:00 Functional Fitness (*WS WC)	<b>Friday</b>		
	1:00-1:45 Gym Time (*WSCR)	9:00 Limber Limbs (*PPOR)		
	2:00-2:30 Deep Water Aerobics (Swimming Pool)	9:00-9:45 Water Aerobics (Swimming Pool)		
	6:00 Bingo (*PPCR)	9:00 & 10:00 Limber Limbs (Ch 2)		
		10:00 Limber Limbs (*WSCR)		
		10:45-11:30 Stretch & Yoga (*PPOR)		
		11:30-12:00 Control Breathing (*PPOR)		
		1:00 Line Dancing (*WSCR)		
		1:15 Stretch & Balance (Ch 2)		
		1:45-2:30 Pool Training (*Swimming Pool)		
		2:45-3:30 Gym Training (*PPWC)		

<b><u>Popcorn Day</u></b>	<b>Wed Apr 2nd</b>	<b>2:00 PM</b>	<b>*PPFL</b>
<i>Join the activity girls in the Fireside Lounge for some delicious popcorn!</i>			
<b><u>Shop South Plains Mall</u></b>	<b>Thurs Apr 3rd</b>	<b>10:00 AM</b>	<b>South Plains Mall</b>
<i>Please sign up! Bring money for purchases! Join us for a shopping trip at the South Plains Mall.</i>			
<b><u>Roundtable: John Sigle</u></b>	<b>Sat Apr 5th</b>	<b>11:00AM-1:00PM</b>	<b>*PPCR</b>
<i>Please sign up! Cost is \$20.00 paid at the event. Deadline to sign up is Wednesday, April 2nd. John Sigle, President of Texas Girls &amp; Boys Ranch, will be giving a talk titled, "Texas Girls &amp; Boys Ranch—Celebrating 50 Years of Loving Care to Children."</i>			
<b><u>LSO: Carmina Burana</u></b>	<b>Sat Apr 5th</b>	<b>5:15 PM 6:45 PM</b>	<b>Buddy Holly Hall</b>
<i>Please sign up! For tickets, call the LSO office at (806) 762-1688. You need to have your own tickets. \$5.00 for transportation. Transportation Only! The Lubbock Chorale and the West Texas Children's Chorus join the Lubbock Symphony for the epic Carmina Burana. Come early for a special Spotlight Sessions performance by local musician Jerry Serrano! We will have one bus leaving at 5:15 for the Spotlight Session and another leaving at 6:45 for the LSO concert. You MUST have an LSO ticket to attend the Spotlight Session.</i>			
<b><u>Lunch Out at Midnight Shift</u></b>	<b>Tues Apr 8th</b>	<b>10:45 AM</b>	<b>Midnight Shift</b>
<i>Please sign up! Bring money for lunch. Join us for a delicious meal at Midnight Shift. With a laidback ambiance and a menu of American classics, Midnight Shift is a much-loved addition to the dining scene in Lubbock.</i>			
<b><u>After Dinner Music with TTU Piano Students</u></b>	<b>Tues Apr 8th</b>	<b>6:30 PM</b>	<b>*WSCR</b>
<i>Join us for a piano concert by the students from the Texas Tech University School of Music directed by Dr. Se-Hee Jin.</i>			
<b><u>Come and See</u></b>	<b>Thurs Apr 10th</b>	<b>10:00 AM</b>	<b>TTU Museum</b>
<i>Please sign up! Deadline to sign up is Friday, April 4th. Dr. Marian Ann Montgomery, clothing and textiles curator, shows 20–30 different objects at each Come and See program. From clothing to quilts and embroidered pieces, each object tells the story of the women and men who wore the clothing, hats and shoes.</i>			
<b><u>Carillon's 50th Anniversary Celebration</u></b>	<b>Thurs Apr 10th</b>	<b>4:00PM-6:00PM</b>	<b>*PP Dinning Room</b>
<i>Carillon is turning 50! Yes, for five decades as the only Life Care community in the area, we have been paving the way to an engaged, worry-free lifestyle for residents in their own golden years! Please join us for an elegant evening with heavy hors d'oeuvres, decadent desserts, libations, live music, dancing, and a celebratory toast. At 4:00 we will have a toast in the Pointe Plaza Lobby to start off the celebration. Then, at 4:30 we will move into the Skylight Dining Room for food, music and fun!</i>			
<b><u>Lubbock Arts Festival</u></b>	<b>Sat Apr 12th</b>	<b>9:45 AM</b>	<b>Lubbock Civic Center</b>
<i>Please sign up! Cost is \$5.00 charged to your account. Deadline to sign up is Friday, April 4th. The theme for the 2025 Lubbock Arts Festival is "reNEW!" This theme reflects their strong commitment to raising awareness about sustainability in the arts.</i>			
<b><u>One Day U: "AI: Past, Present, and Future"</u></b>	<b>Mon Apr 14th</b>	<b>2:00 PM</b>	<b>*WS Wilson Loft</b>
<i>Join us in the Wilson Loft to watch an episode of One Day University! In this brand-new talk, futurist and higher education specialist Bryan Alexander breaks down what AI is – and isn't – explaining the different iterations (from "narrow" to "generative" to "super-intelligence") and forecasting its implications for our future.</i>			
<b><u>Book Club</u></b>	<b>Tues Apr 15th</b>	<b>2:30 PM</b>	<b>*WS Wilson Loft</b>
<i>Join us for a Book Club led by Martha Webster. Open to everyone, whether you have participated in reading the book or not! Be on the lookout for this month's book!</i>			
<b><u>Jess Peterson: "Road to Rio—The Road Movies of Crosby, Hope, and Lamour"</u></b>	<b>Thurs Apr 17th</b>	<b>3:00 PM</b>	<b>*WSCR</b>
<i>Join us in the Caprock Room to hear Jess Peterson present on the Road to Rio!</i>			
<b><u>Matador Singers and Scarlet Voce</u></b>	<b>Tues Apr 22nd</b>	<b>7:00 PM</b>	<b>*Hemmlle Hall</b>
<i>Please sign up! This event is FREE. Join us at Hemmlle Hall to listen to the Matador Singers and Scarlet Voce!</i>			
<b><u>Mini Golf and Lunch</u></b>	<b>Wed Apr 23rd</b>	<b>10:00 AM</b>	<b>Adventure Park</b>
<i>Please sign up! Cost is \$12.99 charged to your account. Deadline to sign up is Tuesday, April 8th. Join us at Adventure Park for a fun round of mini golf and savor a tasty chicken tender basket, all included in their Senior Lunch &amp; Golf Special.</i>			



SUN	MON	TUE	WED	THUR	FRI	SAT
<b>LOCATION KEY</b> *PPCR - *PP Cimarron Room *PP Dining Room - *PP Dining Room *PPFL - *PP Fireside Lounge *PPOR - *PP Oakwood Room *PPWC - *PP Wellness Center *WSCR - *WS CapRock Room	<b>Activities in bold lettering are events that require sign up. Please check the What's What on the back of this calendar to get details and information on each activity!</b>	<b>April Fool's Day</b> 9:30 Cornhole (*PPFL) 10:00 Creative Writing (*PPOR) 2:30 Bible Study (*PPCR) 6:00 Bingo (*PPCR)	1:00 Games (*WS Game Room) 2:00 Men's Club (*PPCR) 2:00 Popcorn Day! (*PPFL) 2:30 Beginner Conversational Sign Language Class (*PPOR) 2:30 Wednesday Afternoon Movie: "Australia" (Ch. 2) <b>4:00 Balance Testing (*PPWC)</b> 4:00 T'ai Chi Chuan Practice (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: "Great Castles of Europe" (Ch 2)	<b>9:00 Walk in the Park (Higginbotham Park)</b> <b>10:00 Shop South Plains Mall (SP Mall)</b> 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 2:00 Men's Bible Study: The Parables of Jesus (Game Area (1st Floor PP North)) 7:00 Throwback Thursday Movie: "Working Girl" (Ch. 2)	9:00 Coffee & Donuts (*PPFL) <b>10:15 Arts History Lecture Series (Texas Tech Museum)</b> 6:00 Bluegrass Open Jam (*PPFL) 7:00 Weekend Movie: "Mama Mia!" (Ch. 2)	8:00 Coffee in the Clubhouse (Clubhouse) 10:00 Aqua Zumba (Swimming Pool) 10:30 Laughter Yoga (Ch 2) <b>11:00 - 1:00 Roundtable: John Sigle - Boys &amp; Girls Ranch (*PPCR)</b> <b>5:15 Lubbock Symphony Orchestra Spotlight Session: Jerry Serrano (BHH)</b> <b>6:45 Lubbock Symphony Orchestra: Carmino Burana (BHH)</b> 7:00 Weekend Movie: "Mama Mia!" (Ch. 2)
10:30 Sunday Service (Neil Chapel) 2:30 Eucharist Service (Neil Chapel) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "Mama Mia!" (Ch. 2)	1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Walmart on 4th</b> 2:30 Lubbock Public Library Bookmobile (*PPFL) 2:30 Reader's Theater (*PP 2nd Fl South Card Room (2204)) 3:00 T'ai Chi Chih (*PPOR) 6:30 Generations Quartet Performance (*PPFL) 7:00 Great Course Series: "The Viking Age: New Perspectives on History and Culture" (Ch 2)	9:30 Cornhole (*PPFL) 10:00 Creative Writing (*PPOR) <b>10:45 Lunch Out at The Midnight Shift</b> 2:30 Bible Study (*PPCR) 6:00 Bingo (*PPCR) 6:30 After Dinner Music with TTU Piano Students (*WSCR)	1:00 Games (*WS Game Room) 2:00 Men's Club (*PPCR) 2:30 Beginner Conversational Sign Language Class (*PPOR) 2:30 Wednesday Afternoon Movie: "Cowboy Up" (Ch. 2) <b>4:00 Balance Testing (*PPWC)</b> 4:00 T'ai Chi Chuan Practice (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: "Great Castles of Europe" (Ch 2)	<b>9:00 Walk in the Park (Higginbotham Park)</b> <b>10:00 Come and See (TTU Museum)</b> 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 2:00 Men's Bible Study: The Parables of Jesus (Game Area (1st Floor PP North)) 4:00 - 6:00 Carillon's 50th Anniversary Celebration (*PP Dining Room) 5:30 A Circle of Friendship (CH- 1st Floor Conference Room) 7:00 Throwback Thursday Movie: "L'il Abner" (Ch. 2)	1:00 Line Dancing (*WSCR) 3:15 Town Hall (*Neil Chapel) 7:00 Weekend Movie: "Next Goal Wins" (Ch. 2)	8:00 Coffee in the Clubhouse (Clubhouse) <b>9:45 Lubbock Arts Festival (Civic Center)</b> 10:00 Aqua Zumba (Swimming Pool) 10:30 Laughter Yoga (Ch 2) 7:00 Weekend Movie: "Next Goal Wins" (Ch. 2)
<b>Palm Sunday Passover</b> 10:30 Sunday Service (Neil Chapel) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "Next Goal Wins" (Ch. 2)	1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Target</b> 2:00 One Day University: "Al: Past, Present, and Future" (*WS Wilson Loft) 3:00 T'ai Chi Chih (*PPOR) 7:00 Great Course Series: "The Viking Age: New Perspectives on History and Culture" (Ch 2)	<b>Tax Day Head to the Hill Country!</b> 9:30 Cornhole (*PPFL) 10:00 Creative Writing (*PPOR) 2:30 Bible Study (*PPCR) 2:30 Book Club: TBD (*WS Wilson Loft) 6:00 Bingo (*PPCR)	1:00 Games (*WS Game Room) 2:00 Men's Club (*PPCR) 2:30 Beginner Conversational Sign Language Class (*PPOR) 2:30 Cat's Craft (*PPFL) 2:30 Wednesday Afternoon Movie: "Jeanne Robertson: Just for Fun" (*Ch. 2) <b>4:00 Balance Testing (*PPWC)</b> 4:00 T'ai Chi Chuan Practice (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: "Great Castles of Europe" (Ch 2)	<b>Return from the Hill Country</b> <b>9:00 Walk in the Park (Higginbotham Park)</b> 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 2:00 Men's Bible Study: The Parables of Jesus (Game Area (1st Floor PP North)) 3:00 Jess Peterson: "Road to Rio - The Road Movies of Crosby, Hope, and Lamour." (*WSCR) 7:00 Throwback Thursday Movie: "The Lucky Texan" (Ch. 2)	<b>Good Friday No Coffee &amp; Donuts</b> 1:00 Line Dancing (*WSCR) 2:00 Good Friday Service (*Neil Chapel) 7:00 Weekend Movie: "Migration" (Ch. 2)	8:00 Coffee in the Clubhouse (Clubhouse) 10:00 Aqua Zumba (Swimming Pool) 10:30 Laughter Yoga (Ch 2) 7:00 Weekend Movie: "Migration" (Ch. 2)
<b>Easter</b> 10:30 Sunday Service (Neil Chapel) 2:30 Eucharist Service (Neil Chapel) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "Migration" (Ch. 2)	1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Walmart on 4th</b> 2:30 Reader's Theater (*PP 2nd Fl South Card Room (2204)) 3:00 T'ai Chi Chih (*PPOR) 7:00 Great Course Series: "America's Great Trails" (Ch 2)	<b>Earth Day</b> 9:30 Cornhole (*PPFL) 10:00 Creative Writing (*PPOR) 2:00 Coke Floats (*PPFL) 2:30 Bible Study (*PPCR) 6:00 Bingo (*PPCR) <b>7:00 The Matador Singers and Scarlet Voce (Hemmlle Hall)</b>	<b>10:00 Mini Golf and Lunch (*Adventure Park)</b> 1:00 Games (*WS Game Room) 2:00 Men's Club (*PPCR) 2:30 Beginner Conversational Sign Language Class (*PPOR) 2:30 Wednesday Afternoon Movie: "American Wrestler: The Wizard" (Ch. 2) 3:00 Healthy Aging Lecture Series: "Learning About Audiology" (*WSCR) <b>4:00 Balance Testing (*PPWC)</b> 4:00 Tai Chi Chuan Practice (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: "Great Castles of Europe" (Ch 2)	8:45 - 9:30 Cornerstone Audiology Hearing Aid Clinic (*PPFL) <b>9:00 Walk in the Park (Higginbotham Park)</b> 9:30 - 10:15 Cornerstone Audiology Hearing Aid Clinic (*WS Parlor) 10:00 All Saint's Orchestra Performance (*PPFL) 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 2:00 Men's Bible Study: The Parables of Jesus (Game Area (1st Floor PP North)) 2:30 Wellness Presentation: Falls (*PPFL) 7:00 Throwback Thursday Movie: "The Sound of Music" (Ch. 2)	1:00 Line Dancing (*WSCR) 4:00 All Requests Happy Hour (*PPFL) 7:00 Weekend Movie: "Twisters" (Ch. 2)	8:00 Coffee in the Clubhouse (Clubhouse) 9:30 T'ai Chi Chih Practice (*PPOR) 10:00 Aqua Zumba (Swimming Pool) 10:30 Laughter Yoga (Ch 2) 7:00 Weekend Movie: "Twisters" (Ch. 2)
10:30 Sunday Service (Neil Chapel) 2:00 Lisa Langford's Student Piano Recital (*WSCR) 3:45 Lisa Langford's Student Piano Recital (*WSCR) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "Twisters" (Ch. 2)	1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Target</b> 3:00 Cesar's Hip Pocket Class: "Healthy Tummy, Clean Stomach" (*PPFL) 3:00 T'ai Chi Chih (*PPOR) 7:00 Great Course Series: "America's Great Trails" (Ch 2)	9:30 Cornhole (*PPFL) 10:00 Creative Writing (*PPOR) <b>2:00 Tour Metro Tower (Metro Tower)</b> 2:30 Bible Study (*PPCR) 6:00 Bingo (*PPCR)	<b>TBA Go to the Movies</b> 1:00 Games (*WS Game Room) 2:00 Men's Club (*PPCR) 2:30 Beginner Conversational Sign Language Class (*PPOR) 2:30 Wednesday Afternoon Movie: "Joyful Noise" (Ch. 2) <b>4:00 Balance Testing (*PPWC)</b> 4:00 T'ai Chi Chuan Practice (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: "Great Castles of Europe" (Ch 2)	<b>May 1st</b> <b>9:00 Walk in the Park (Higginbotham Park)</b> <b>10:00 Go to Hobby Lobby (Hobby Lobby)</b> 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 2:00 Men's Bible Study: The Parables of Jesus (Game Area (1st Floor PP North))	<b>May 2nd</b> 9:00 Coffee & Donuts (*PPFL) 1:00 Line Dancing (*WSCR) 6:00 Bluegrass Open Jam (*PPFL) 7:00 Weekend Movie: "The Art of Racing in the Rain" (Ch. 2)	<b>May 3rd</b> 8:00 Coffee in the Clubhouse (Clubhouse) 10:00 Aqua Zumba (Swimming Pool) 10:30 Laughter Yoga (Ch 2) <b>11:00 - 1:00 Roundtable: "Kenny Maines" (*PPCR)</b> 7:00 Weekend Movie: "The Art of Racing in the Rain" (Ch. 2)

