

SUN	MON	TUE	WED	THUR	FRI	SAT	
<b>LOCATION KEY</b> *PPCR - *PP Cimarron Room *PPFL - *PP Fireside Lounge *PPOR - *PP Oakwood Room *PPWC - *PP Wellness Center *WSCR - *WS CapRock Room	<b>-Activities in <i>bold</i> lettering are events that require sign up.</b>  <b>-Please check on the What's What on the back of the calendar to get details and information on various events.</b>		9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Functional Fitness (*PPOR) 1:00 Games in the Let's Play Room (*WS Let's Play Room) 1:30 Cardio Drumming (*PPOR) 2:00 Men's Club (*PPCR) 2:30 Popcorn and a Movie: " Sleepless in Seattle" (Ch 2) 3:00 Chair Yoga and Deep Breathing (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) <b>6:15 Lady Raiders vs. TCU (United Supermarkets Arena)</b> 7:00 Great Course Series: Great American Bestsellers (Ch 2)	<b>1</b> 9:00 Campus Walk (*PP Lobby) 10:00 Silver Stars Choir (*PPFL) 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) <b>1:20 Go to the Movie: "Jesus Revolution" (Premiere Cinema)</b> 1:30 Cardio Drumming (*PPOR) 3:00 Water Walking (Carillon Pool) 7:00 Throwback Thursday Movie: "Little Women" (Ch 2)	<b>2</b> 9:00 Coffee & Donuts (*PPFL) 9:00 Water Walking (Carillon Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:00 Line Dancing (*WSCR) 2:00 Water Aerobics Class (Swimming Pool) 3:00 Functional Fitness (*PPOR) 6:00 Bluegrass Open Jam (*PPFL) 7:00 Weekend Movie: "Wild Mountain Thyme" (Ch 2)	<b>3</b> 9:00 Coffee in the Clubhouse (Clubhouse) <b>10:00 Aqua Zumba (Swimming Pool)</b> 10:30 Laughter Yoga (Ch 2) <b>11:00 - 1:00 Roundtable: Dr. Brian Hirth, Research Professor, National Wind Institute (*PPCR)</b> <b>4:15 TT Men vs. Oklahoma State (United Supermarkets Arena)</b> 7:00 Weekend Movie: "Wild Mountain Thyme" (Ch 2)	
10:30 Sunday Service with Jim Powell (Neil Chapel) <b>12:15 "Legally Blonde: The Musical" (Buddy Holly Hall)</b> 2:30 Eucharist Service (Neil Chapel) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "Wild Mountain Thyme" (Ch 2)	<b>5</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Target</b> 2:00 One Day University: "Ernest Hemingway: One True Sentence" (*PPFL) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WS 2nd Floor Activity Room) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>6</b> 9:00 Campus Walk (*PP Lobby) 10:00 Creative Writing (*PPOR) 10:45 Stretch & Balance (*WSCR) <b>11:30 Southwest Parkinson's Support Group (Alliance Church)</b> 11:30 Strength Building (*WS Wellness Center) 1:30 - 2:00 Brain Training (*WS Parlor) 2:30 Study of the Book of Ephesians (*PPCR) <b>5:30 Pizza and a Movie: "The Lost City" (*WSCR)</b> 6:00 Bingo (*PPCR)	<b>7</b> 9:00 Campus Walk (*PP Lobby) 10:00 Creative Writing (*PPOR) 10:45 Stretch & Balance (*WSCR) <b>11:30 Southwest Parkinson's Support Group (Alliance Church)</b> 11:30 Strength Building (*WS Wellness Center) 1:30 - 2:00 Brain Training (*WS Parlor) 2:30 Study of the Book of Ephesians (*PPCR) <b>5:30 Pizza and a Movie: "The Lost City" (*WSCR)</b> 6:00 Bingo (*PPCR)	<b>8</b> 9:00 Water Aerobics Class (Swimming Pool) <b>9:30 Grocery Shopping at Market Street (Market Street on 19th)</b> 10:45 Stretching & Balance (*PPOR) 11:30 Functional Fitness (*PPOR) 1:00 Games in the Let's Play Room (*WS Let's Play Room) 1:30 Cardio Drumming (*PPOR) 2:00 Men's Club (*PPCR) <b>2:30 Seniors are Special (*UMC)</b> 2:30 Popcorn and a Movie: "Daniel O'Donnel Branson: Encore" (Ch 2) 3:00 Chair Yoga and Deep Breathing (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: Great American Bestsellers (Ch 2)	<b>9</b> 9:00 Campus Walk (*PP Lobby) 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 1:30 Cardio Drumming (*PPOR) 2:30 Armchair Travel with Katie: Ireland (*WSCR) 3:00 Water Walking (Carillon Pool) 7:00 Throwback Thursday Movie: "1941" (Ch 2)	<b>10</b> 9:00 Water Walking (Carillon Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:00 Line Dancing (*WSCR) 2:00 Water Aerobics Class (Swimming Pool) 3:00 Functional Fitness (*PPOR) 9:30 Town Hall (*Neil Chapel) 4:00 Happy Hour with Entertainment by Tim McKenzie (*PPFL) 7:00 Weekend Movie: "Ticket to Paradise" (Ch 2)	<b>11</b> 9:00 Coffee in the Clubhouse (Clubhouse) <b>10:00 Aqua Zumba (Swimming Pool)</b> 10:30 Laughter Yoga (Ch 2) 7:00 Weekend Movie: "Ticket to Paradise" (Ch 2)
<b>Daylight Savings Time Begins</b> 10:30 Sunday Service with Jim Powell (Neil Chapel) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "Ticket to Paradise" (Ch 2)	<b>12</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Walmart on 4th</b> 2:00 One Day University: "Conflict and Conquest in the American West" (*WS Wilson Loft) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WSCR) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>13</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Walmart on 4th</b> 2:00 One Day University: "Conflict and Conquest in the American West" (*WS Wilson Loft) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WSCR) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>14</b> 9:00 Campus Walk (*PP Lobby) 10:00 Creative Writing (*PPOR) 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:30 - 2:00 Brain Training (*WS Parlor) 2:00 Sonshiner Choir (*PPFL) 6:00 Bingo (*PPCR)	<b>15</b> 9:00 Water Aerobics Class (Swimming Pool) <b>9:30 Grocery Shopping at Market Street (Market Street on 19th)</b> 10:45 Stretching & Balance (*PPOR) 11:30 Functional Fitness (*PPOR) 1:00 Games in the Let's Play Room (*WS Let's Play Room) 1:30 Cardio Drumming (*PPOR) 2:00 Men's Club (*PPCR) 2:30 Popcorn and a Movie: "Riverdance: Live from Radio City Music Hall" (Ch 2) 3:00 Chair Yoga and Deep Breathing (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: Great American Bestsellers (Ch 2)	<b>16</b> 9:00 Campus Walk (*PP Lobby) 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 1:30 Cardio Drumming (*PPOR) 3:00 Water Walking (Carillon Pool) 4:30 Social Hour (*WS 2nd Floor Lobby) <b>5:30 Irish Dinner (*WSCR)</b> 7:00 Throwback Thursday Movie: "The Whales of August" (Ch 2)	<b>17</b> <b>St. Patrick's Day</b> 9:00 Coffee and Donuts (*WS Wilson Loft) 9:00 Water Walking (Carillon Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:00 Line Dancing (*WSCR) <b>1:30 Texas Tech Campus Walk and Kiss the Blarney Stone</b> 2:00 Water Aerobics Class (Swimming Pool) 3:00 Functional Fitness (*PPOR) 7:00 Weekend Movie: "The Marksman" (Ch 2)	<b>18</b> 9:00 Coffee in the Clubhouse (Clubhouse) 10:00 -11:00 A Circle of Friendship (CH- 1st Floor Conference Room) <b>10:00 Aqua Zumba (Swimming Pool)</b> 10:30 Laughter Yoga (Ch 2) <b>1:30 Ragtown Gospel Theater: "Thee Hallelujahs" (Post, TX)</b> 7:00 Weekend Movie: "The Marksman" (Ch 2)
10:30 Sunday Service with Jim Powell (Neil Chapel) 2:30 Eucharist Service (Neil Chapel) 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "The Marksman" (Ch 2)	<b>19</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Target</b> 2:00 One Day University: "Over My Dead Body" (*PPFL) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WSCR) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>20</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Target</b> 2:00 One Day University: "Over My Dead Body" (*PPFL) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WSCR) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>21</b> 9:00 Campus Walk (*PP Lobby) 10:00 Creative Writing (*PPOR) 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:30 - 2:00 Brain Training (*WS Parlor) 2:30 Study of the Book of Ephesians (*PPCR) 6:00 Bingo (*PPCR)	<b>22</b> <b>Beginning of Ramadan</b> 9:00 Water Aerobics Class (Swimming Pool) <b>9:30 Grocery Shopping at Market Street (Market Street on 19th)</b> 10:45 Stretching & Balance (*PPOR) 11:30 Functional Fitness (*PPOR) 1:00 Games in the Let's Play Room (*WS Let's Play Room) 1:30 Cardio Drumming (*PPOR) 2:00 Men's Club (*PPCR) <b>2:30 March Madness (*PPFL)</b> 2:30 Popcorn and a Movie: "God's Not Dead" (Ch 2) 3:00 Chair Yoga and Deep Breathing (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: Great American Bestsellers (Ch 2)	<b>23</b> <b>8:30 Day Trip to Clarendon, TX</b> 9:00 Campus Walk (*PP Lobby) <b>10:00 Come and See (Texas Tech Museum)</b> 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 1:30 Cardio Drumming (*PPOR) 3:00 Water Walking (Carillon Pool) 7:00 Throwback Thursday Movie: "The Grass Harp" (Ch 2)	<b>24</b> 9:00 Water Walking (Carillon Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:00 Line Dancing (*WSCR) 2:00 Water Aerobics Class (Swimming Pool) 3:00 Functional Fitness (*PPOR) 4:00 Happy Hour with Entertainment by Steve Williams and Cary Banks (*WSCR) <b>6:45 Matador Singers (Buddy Holly Hall)</b> 7:00 Weekend Movie: "The Great Debaters" (Ch 2)	<b>25</b> 9:00 Coffee in the Clubhouse (Clubhouse) 9:30 T'ai Chi Chih Practice (*PPOR) <b>10:00 Aqua Zumba (Swimming Pool)</b> 10:30 Laughter Yoga (Ch 2) 7:00 Weekend Movie: "The Great Debaters" (Ch 2)
10:30 Sunday Service with Jim Powell (Neil Chapel) <b>4:15 Vesper Concert- Piano Recital with Haesun Paik (FUMC)</b> 4:30 Sunday Afternoon Worship Service (Neil Chapel) 7:00 Weekend Movie: "The Great Debaters" (Ch 2)	<b>26</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Walmart on 4th</b> 2:00 One Day University: "New Class / New Images: The Remarkable James Webb Space Telescope" (*WS Wilson Loft) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WSCR) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>27</b> 9:00 Water Aerobics Class (Swimming Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:30 - 2:00 Brain Training (*PPFL) 1:30 Bible Study led by Canzada Bray (*WS Let's Play Room) <b>1:30 Shop Walmart on 4th</b> 2:00 One Day University: "New Class / New Images: The Remarkable James Webb Space Telescope" (*WS Wilson Loft) 3:00 Irish Dance (*PPOR) 3:00 T'ai Chi Chih (*WSCR) 7:00 Great Courses Series: "The Wisdom of History" (Ch 2)	<b>28</b> 9:00 Campus Walk (*PP Lobby) 10:00 Creative Writing (*PPOR) 10:45 Stretch & Balance (*WSCR) 11:30 Strength Building (*WS Wellness Center) 1:30 - 2:00 Brain Training (*WS Parlor) 2:30 Health and Wellness Presentation (*WSCR) 6:00 Bingo (*PPCR)	<b>29</b> 9:00 Water Aerobics Class (Swimming Pool) <b>9:30 Grocery Shopping at Market Street (Market Street on 19th)</b> 10:45 Stretching & Balance (*PPOR) 11:30 Functional Fitness (*PPOR) 1:00 Games in the Let's Play Room (*WS Let's Play Room) 1:30 Cardio Drumming (*PPOR) <b>1:30 Watercolor Class (*WS Wilson Loft)</b> 2:00 Men's Club (*PPCR) <b>2:30 Healthy Aging Lecture (TTU Academic Event Center)</b> 2:30 Popcorn and a Movie: "God's Not Dead 2" (Ch 2) 3:00 Chair Yoga and Deep Breathing (*PPOR) 5:15 Wednesday Night Worship Service (Neil Chapel) 7:00 Great Course Series: Great American Bestsellers (Ch 2)	<b>30</b> 9:00 Campus Walk (*PP Lobby) 10:45 Stretch & Balance (*WSCR) <b>11:00 Lunch Out at Harrigan's</b> 11:30 Strength Building (*WS Wellness Center) 1:00 Thursday Afternoon Games (*PP 3rd Floor N Common Area) 1:30 Cardio Drumming (*PPOR) 3:00 Water Walking (Carillon Pool) 7:00 Throwback Thursday Movie: "The Villain" (Ch 2)	<b>31</b> 9:00 Water Walking (Carillon Pool) 10:45 Stretching & Balance (*PPOR) 11:30 Strength Building (*PPWC) 1:00 Line Dancing (*WSCR) 2:00 Water Aerobics Class (Swimming Pool) 3:00 Functional Fitness (*PPOR) 3:00 Jess Peterson: "Generations: The History of American's Future" (*WSCR) <b>6:15 Don Giovanni- TTU Opera (Buddy Holly Hall)</b> 7:00 Weekend Movie: "The Fabelmans" (Ch 2)	<b>April 1st</b> 9:00 Coffee in the Clubhouse (Clubhouse) <b>10:00 Aqua Zumba (Swimming Pool)</b> 10:30 Laughter Yoga (Ch 2) <b>11:00 Roundtable (*PPFL)</b> 7:00 Weekend Movie: "The Fabelmans" (Ch 2)