

**Moonlight Musicals: “Sound of Music”** Thu June 24th 7:15 PM

*Please sign up! Cost is \$15.00, charged to your account. “The Sound of Music” is one of the most beloved musicals of all time! In Austria, 1938, an exuberant young governess brings music and joy back to a broken family, only to face danger and intrigue as the Nazis gain power.*

**Jess Peterson: “A History of Hot Air Ballooning”** Fri June 25th 3:00 PM \*WSCR

*Benjamin Franklin observed the first free flight in a hot air balloon. This lecture tells of his observations as well as other historic moments, from the Chinese in the second century up to modern times. You’ll also learn what makes up a hot air balloon, how it works, and see pictures of some unique present-day balloons.*

**PlainsCapital Bank Ice Cream Social** Tue June 29th 2:30 PM \*PPFL

*Thank you to the PlainsCapital Bank for providing coke floats and ice cream sundaes to keep us cool during the hot summer days.*

**Star Spangled Celebration** Thu July 1st 11:00 AM—1:00 PM \*WS Carports

*Join us as we celebrate America’s Independence! We will have hamburgers and hot dogs with all the fixin’s and music by the Don Turner Band!*

**Patriotic Concert at FUMC** Fri July 2nd 5:30 PM FUMC

*Please sign up! The FUMC Combined Choirs and the Westwinds Brass Band will present this annual favorite concert to honor America and to salute its military veterans. Wave the flag, wear red, white and blue, and stay afterward for a hot dog and ice cream picnic.*

## Regular Events

### Monday

8:00 Exercise Assistance (\*WS WC)  
 9:00 Limber Limbs (\*PPOR)  
 9:00 & 10:00 Limber Limbs (Ch 2)  
 9:00 Water Aerobics Class (Pool)  
 10:00 Limber Limbs (\*WSCR)  
 10:45 Stretch & Balance (\*PPOR)  
 11:15 Stretch & Balance (Ch 2)  
 11:30 Cardio Power Class (\*PPOR)  
**1:30 Shop Walmart on 4th**  
 1:30 Brain Training (\*PPFL)  
 3:00 Deep Water Aerobics (Pool)

### Tuesday

8:00 Exercise Assistance (\*PP WC)  
 9:00 Limber Limbs (\*PPOR)  
 9:00 & 10:00 Limber Limbs (Ch 2)  
 10:00 Campus Walk (\*PP Lobby)  
 10:00 Limber Limbs (\*WSCR)  
 10:00 Creative Writing (\*PPCR)  
 10:45 Stretch & Balance (\*WSCR)  
 11:15 Stretch & Balance (Ch 2)  
 11:30 Cardio Power (\*WSCR)  
 1:30 Brain Training (\*WSCR)  
 3:00 Water Walking (Pool)

\*A Market Street Shuttle is provided on Wednesdays from 8:00AM—1:30PM

### Wednesday

9:00 Limber Limbs (\*PPOR)  
 9:00 & 10:00 Limber Limbs (Ch 2)  
 9:00 Water Aerobics Class (Pool)  
**9:00 Grocery Shop at Market Street on 19th**  
 10:00 Limber Limbs (\*WSCR)  
 10:45 Stretch & Balance (\*PPOR)  
 11:15 Stretch & Balance (Ch 2)  
 11:30 Chair Yoga (\*PPOR)  
 1:30 Cardio Drumming Class (\*WSLPR)  
 2:00 Men’s Club (\*PPCR)  
 3:00 Deep Water Aerobics (Pool)

### Thursday

9:00 Limber Limbs (\*PPOR)  
 9:00 & 10:00 Limber Limbs (Ch 2)  
 10:00 Campus Walk (\*PP Lobby)  
 10:00 Limber Limbs (\*WSCR)  
 10:45 Stretching & Balance (\*WSCR)  
 11:30 Cardio Power (\*WSCR)  
 1:30 Cardio Drumming (\*PPOR)  
 6:00 Bingo (\*PPCR)

### Friday

9:00 Water Walking (Pool)  
 9:00 Limber Limbs (\*PPOR)  
 9:00 & 10:00 Limber Limbs (Ch 2)  
 10:00 Limber Limbs (\*WSCR)  
 10:45 Stretch & Balance (\*PPOR)  
 11:15 Stretch & Balance (Ch 2)  
 11:30 Cardio Power Class (\*PPOR)  
 1:00 Chair Yoga (\*WSCR)  
 1:45 Water Aerobics Class (Pool)  
 3:00 Game Time (\*PPFL)

### KEY

(\*PPFL) PP Fireside Lounge  
 (\*PPCR) PP Cimarron Room  
 (\*PPOR) PP Oakwood Room  
 (\*WSCR) Windsong Caprock Room  
 (\*WS WC) WS Wellness Center  
 (\*PP WC) PP Wellness Center  
 (\*WSLPR) WS Let’s Play Room  
 (\*BC Dining) BelleCourt Dining

Buses pick up for off-campus events at the time notated on the calendar at the PP Lobby and WS Lobby.

### INFORMATION LINE: Extension 6525

For any questions concerning any activities: Pointe Plaza Activity Office: Extension 6142

# What’s What in June: read about this month’s events!

**Lunch Out at Cracker Barrel** Tue June 1st 11:00 PM Cracker Barrel

*Please sign up! Bring money for lunch. Join us for some wonderful lunch at Cracker Barrel! They have everything from breakfast to chicken fried steak to burgers. There is something for everyone!*

**Dedication of the COVID Memorial Tree** Thu June 3rd 10:00 AM Pointe Plaza Bell Tower

*Join us for as we dedicate a Cedar Elm tree that was donated by Interim Healthcare as a memorial to those lost during COVID. Lake Ridge Chapel will be doing a dove release. If you would like to have the name of someone who you would like to be remembered during the ceremony, you can write their name down in the sign up book.*

**Walker and Mobie Tune Up** Thu June 3rd 2:15 PM \*PPFL  
 Thu June 10th 2:15 PM \*WS Parlor

*Just like your car, your walker and mobie needs regular maintenance for safety and efficiency. Some come on out and we will check over your “chariot” and lubricate, tighten screws, et cetera.*

**D-Day Remembrance at the Silent Wings Museum** Sat June 5th 9:30 AM Silent Wings Museum

*Please sign up! Vintage aircraft and jeeps, curator-lead artifact spotlights, education stations, and more!*

**Steak Dinner** Wed June 9th 5:00 PM \*PPCR

*Please sign up, space is limited. Cost is \$27.00, charged to your account. Join us for a delicious 16-oz Cowboy Cut Ribeye with a salad, sides and dessert!*

**Day Trip to Hobbs; Zia Park Casino and Horse Races** Thu June 10th 10:00 AM Hobbs, NM

*Please sign up! Bring money for the casino and lunch. Hit the slot machines, which range from penny slots to \$100 slots. We will also enjoy some horse races. You can either watch the races and enjoy lunch in the Turf Club or watch the races outside and enjoy lunch at the “Starting Gate Bar and Grill”.*

**Happy Hour with Tim McKenzie** Fri June 11th 4:00 PM \*WSCR

*Join us in the WSCR for snacks, friends and great music by Tim McKenzie! Tim McKenzie is a singer, song writer and children’s author. Drinks will be charged to your account.*

**Westwinds Brass Band** Sun June 13th 7:00 PM Wagner Park

*Please sign up! Join us for the Westwinds Brass Band’s First concert of their 2021 concert in the park series. The Westwinds Brass Band’s outdoor summer concert series includes traditional band favorites, marches, patriotic selections, and a soloist for each concert. This is an outside event, so bring hats and sunscreen!*

**Patriotic Bagpipe Concert** Mon June 14th 3:00 PM \*PPFL

*Jim Hartman, son of Carillon resident, Jean Hartman, will be here for a unique bagpipe patriotic performance.*

**Luau Dinner with Entertainment** Tue June 15th 4:30 PM \*PPFL  
 5:30 PM \*PPCR

*Please sign up! Cost is \$12.50, charged to your account. Put your on Hawaiian shirts and hula skirt and come on over to this Hawaiian luau! Traditional luau food will be served while we are entertained by Kurt Melle and Lori Sealy. Before the dinner, we will have a social hour at 4:30PM in the \*PPFL..*

**Healthy Learning Lecture: Brain Health** Thu June 17th 3:00 PM \*WSCR

*This month’s lecture will be over Brain Health, Wellness Coordinator Sam Weddle, will be discussing the function of the brain, how and why we should love our brain, and benefits of nutrition and physical health can do for our brains.*

**TBA Go to the Movies: Queen Bees** Tue June 22nd TBA

*Please sign up! Queen Bees is about a fiercely independent senior Helen who temporarily moves into a nearby retirement community, where she encounters lusty widows, cutthroat bridge tournaments and a hotbed of bullying “mean girls.”*

**Carillon Pool Party** Thu June 24th 2:15 PM Carillon Pool Patio

*Join us at the Carillon Pool for some snacks and a swim! This is also a good opportunity to learn more about the fantastic wellness classes we offer at the pool like water aerobics, water walking and more!*

**\*BOLD EVENTS ON THE CALENDAR REQUIRE SIGN UP\***



**SUN MON TUE WED THUR FRI SAT**

<p>Please remember to wear your mask and practice social distancing at events.</p> <p>Due to limited space, the events that are <b>bold</b> require sign up.</p>													
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		<b>28</b>		<b>29</b>		<b>30</b>							

**LOCATION KEY**  
 \*PPCR - \*PP Cimarron Room  
 \*PPFL - \*PP Fireside Lounge  
 \*PPOR - \*PP Oakwood Room  
 \*WSCR - \*WS CapRock Room

**June 2021**

Carillon Community Schedule of Events

