Day Trip to Midland Thu April 18th 8:30 AM Midland, TX

Please sign up! Cost is \$8.00, charged to your account and bring money for lunch. Join us for a trip out of town to Midland, first we will stop and eat lunch at the Cork and Pig. After lunch we will check out the Petroleum Museum! The Petroleum Museum is more than a museum about oil and gas. They are a science and technology museum, an art museum, a history museum, and so much more! After the museum we will get our sweet tooth fix by stopping and touring Susie's South Forty Confections before we head home.

LSO and Vesper Concert: Fri April 19th 6:45 PM FUMC

"Mahler's Resurrection Symphony"

Please sign up. Call the LSO Office at (806) 762-1688. Must have own tickets! \$5.00 for Transportation. Symphony No. 2, or Resurrection Symphony, is the masterpiece of Romantic composer Gustav Mahler (1860-1911). This dynamic piece exploring the splendid duality of life and death will be presented by FUMC Chancel Choir in partnership with Lubbock Symphony Orchestra. Transportation only.

Bluelight Live: The Hub City Drifters Wed April 24th 7:45 PM The Bluelight Live

Please sign up! Cost is \$5.00 cash, paid to the front desk. Danny Cadra's band, The Hub City Drifters, will be playing at The Bluelight Live! Join us for a fun night out!

Paint-a-Pot and Plant Thu April 25th 1:00 PM The Dutch House of Plants

Please sign up. Cost is \$20.00, charged to your account. Deadline to sign up is Tuesday, April 23rd. Join us for this fun

afternoon of plants and crafting! The Dutch House of Plants opened in August 2023. They are a mother-daughter team with the mission to create a beautiful green space in Lubbock and provide all types of houseplants for your jungle needs! You don't have to be an artist to have fun, there are a ton of plants to see!

<u>Lunch Out at Buckets of Love</u>

Tue April 30th 11:00 AM Buckets of Love

Please sign up. Bring money for lunch. Buckets of love is a family-style restaurant! You pick your choice of chicken or fish and type of vegetable.

Regular Events

Monday

9:00 Limber Limbs (*PPOR)

9:00 Water Aerobics (Swimming Pool)

9:00 & 10:00 Limber Limbs (Ch 2)

10:00 Limber Limbs (*WSCR)

10:00-10:30 Gym Training with Melissa (*PP WC)

10:45 Stretch & Balance (*PPOR)

11:15 Stretch & Balance (Ch 2)

11:30 Strength Building (*PP WC)

12:40-1:30 Ğym Training with Melissa (*PP WC)

1:30 Shop Walmart on 4th/Shop Target

1:30 Game Day (*PPFL)

3:00 T'ai Chi Chih (*PPÓR)

Tuesday

8:30 Campus Walk (PP Lobby)

9:00 Limber Limbs (*PPOR) 9:00 & 10:00 Limber Limbs (Ch 2)

9:00-10:15 Gym Training with Melissa (*WS WC)

10:00 Limber Limbs (*WSCR)

10:00 Creative Writing (*PPCR)

10:45 Stretch & Balance (*WS CR)

11:15 Stretch & Balance (Ch 2)

11:30 Strength Building (*WS WC)

12:40-1:40 Gym Training with Melissa (*WS WC)

2:00 Deep Water Aerobics (Swimming Pool)

6:00 Bingo (*PPCR)

*A Market Street Shuttle is provided on Wednesdays from 8:30AM—1:00PM Wednesday

9:00 Limber Limbs (*PPOR) 9:00 Water Aerobics (PP Pool)

9:00 & 10:00 Limber Limbs (Ch 2) 10:00 Limber Limbs (*WSCR)

10:45 Stretch & Balance (*PPOR)

11:15 Stretch & Balance (Ch 2)

11:30 Strength Building (*PPWĆ)

12:40-1:30 Ğym Training with Mélissa (*PP WC)

1:45 Cardio Drumming (*PPOR)

2:00 Men's Club (*PPCR)

2:15 Chair Yoga and Deep Breathing (*PPOR)

Thursday

8:30 Campus Walk (PP Lobby)

9:00 Limber Limbs (*PPOR)

9:00 & 10:00 Limber Limbs (Ch 2)

9:15-10:15 Gym Training with Melissa (*WS WC)

10:00 Limber Limbs (*WSCR)

10:45 Stretch & Balance (*WSCR)

11:15 Stretch & Balance (Ch 2)

11:30 Strength Building (*WSWĆ)

1:15 Cardio Drumming (*PPOR)

2:00 Deep Water Aerobics (Swimming Pool)

2:00 Beginners Line Dancing (*WSCR)

Friday

9:00 Limber Limbs (*PPOR)

9:00 Water Walking (PP Pool)

9:00 & 10:00 Limber Limbs (Ch 2)

10:00 Limber Limbs (*WSCR)

10:45 Stretch & Balance (*PPOR)

1:15 Stretch & Balance (Ch 2)

11:30 Strength Building (*PP WC)

1:00 Line Dancing

2:00-3:00 Gym Training with Melissa (*PP WC)

<u>KEY</u>	
(*PPFL)	PP Fireside Lounge
(*PPCR)	PP Cimarron Room
(*PPOR)	PP Oakwood Room
(*WSCR	Windsong Caprock Room
(*WS WC)	WS Wellness Center
(*PP WC)	PP Wellness Center
(*WSLPR)	WS Let's Play Room
(*BC Dining)	BelleCourt Dining

Buses pick up for off-campus events at the time notated on the calendar at the PP Lobby and WS Lobby.

INFORMATION LINE: Extension 6525

For any questions concerning any activities: Pointe Plaza Activity Office: Extension 6197

BOLD EVENTS ON THE CALENDAR REQUIRE SIGN UP

What's What in April: read about this month's events!

Lubbock Public Library Book Mobile

Mon April 1st

2:30 PM

*PPFI

on CD and movies available to rent. If you don't have a library card, don't worry, there will be someone here that can enroll you for FREE! If you don't see something you like, let them know and they will try and bring it next month!

After Dinner Music with TTU Piano Students Tue April 2nd 6:30 PM *WSCR

er binner music with 110 Plano Students | Tue April 2nd | 0:30 PM | "W5

Join us for a piano concert by the students from the Texas Tech University School of Music under the direction of Dr. Se-Hee .lin

The Lubbock public library will be bringing a mobile library to Carillon! They will have new release books in LARGE print, book

<u>Day Trip to Hobbs; Zia Park Casino</u> Wed April 3rd 10:00 AM *Hobbs, NM

Please sign up! Bring money for the casino and lunch. Hit the slot machines, which range from penny slots to \$100 slots. You can enjoy lunch at the "Starting Gate Bar and Grill".

TBA Go to the Movie: TBD Thu April 4th TBA

Please sign up! Cost is TBA, charged to your account.

Solar Eclipse Program Fri April 5th 2:30 PM *PPFL

Solar Eclipse Watch Party Mon April 8th 1:00 PM *PP Bell Tower

Join us in the PPFL for an educational program about the Solar Eclipse. We will learn more about this special solar event that we will witness the following Monday! Then on Monday, April 8th, we will all meet outside near the PP Bell Tower to watch! The Total Solar Eclipse will happen from 12:18 PM-2:55 PM with the prime time being at 1:35 PM.

Ragtown Gospel Theater: 33 A.D.

Sat April 6th

1:30 PM

Post, TX

Please sign up. Veterans' tickets are free, if you are a veteran, please write that next to your name. Cost is \$16.50, charged to your account. Deadline to sign up is Wednesday, April 3rd. In 33 A.D., you will meet such fascinating men as Barabbas, Cornelius the Centurion, Pontius Pilate and his wife Claudia, the high priests Caiaphas and Annas, and Joseph of Arimathea, in a story that shows the underlying intrigue taking place during the death, burial, and resurrection of Christ.

Reader's Theater Mon April 8th&22nd 2:30 PM *WS Wilson Loft

Join us for Reader's Theater in the Windsong Wilson Loft. All are welcome. If you can read, you can participate! We have a ton of fun with scripts, improv games, and vocal technique practices. If you like to laugh, this is the activity for you!

Vision Impairment Resource Meeting Wed April 10th 2:30 PM *PPFL

A representative from the Texas Workforce Commission's OIB program will be here. The TWC provides valuable support and information for individuals facing vision challenges. Get connected to essential resources, tools, and services to empower your journey towards independence and success.

Pump It for Parkinson's Thu A

You can turn your change into jars at the either front desk!

Thu April 11th

8:00 AM-5:00 PM

0 PM *WS and *PP Wellness Center

Please sign up for a time slot, sign up sheets are located in the wellness centers. Did you know 90,000 people are diagnosed with Parkinson's Disease in the U.S. each year? Join our day-long Pump it for Parkinson's challenge! Stop by the and help us achieve our team goal of 100,000 steps in one day by signing up for a 15-minute time slot on the NuStep! You can compete as a team of two or as an individual! Prizes will be awarded to the team and individual in all categories: best dressed, oldest, and highest number of steps! You can also donate your loose change today and be a part of something extraordinary!

Parkinson's Symposium

Fri April 12th

8:30 AM

Knipling Education Conference Center

Please sign up. Cost is FREE, deadline to sign up is Wednesday, April 3rd. Southwest Parkinson Society has planned an exciting event to empower you in your journey through Parkinson's. Their hope is you will join them to hear a host of terrific speakers. This year's theme is Wellness and Wisdom: A Symposium Designed to Shake Up Parkinson's. Lunch, continental breakfast, afternoon snacks provided.

Lubbock Arts Festival

Sun April 14th

1:15 PM

Civic Center

Please sign up. The cost is free, the Lubbock Art Alliance has graciously gifted Carillon residents admission to this show and festival for free, this is a \$25 value. Admission to the spotlight performance is free. The spotlight performer is an accomplished pianist, Clayton Stephenson. United Supermarkets is proud to present the 46th Annual Lubbock Arts Festival, which will be held at the Lubbock Memorial Civic Center. This festival is West Texas' largest fine arts and crafts event and was recognized as the "Best In Texas" by the Texas Festivals & Events Association in 2021, 2022 and 2023.

SUN MON TUE WED **THUR** FRI 10:00 Day Trip to Hobbs: Zia Park 9:30 Cornhole (*PPFL) 9:00 Coffee & Donuts **April Fool's Day TBA Go To The Movies LOCATION KEY** 8:00 Coffee in the Casino (Hobbs, NM) Clubhouse (Clubhouse) 10:00 Creative Writing 1:00 Thursday Afternoon 1:30 Bible Study led by (*PPFL) *PPCR - *PP Cimarron Room :00 Games in the Let's Play Canzada Bray (*WS (*PPOR) Games (*PP 3rd Floor N 10:00 Aqua Zumba 10:15 Arts History Lecture Room (*WS Let's Play Room) *PP Dining Room - *PP Dining (Swimming Pool) Let's Play Room) 1:30 Cats & Dogs: The Common Area) Series (Texas Tech 2:00 Men's Club (*PPCR) 2:30 Wednesday Afternoon Movie: "Daniel 10:30 Laughter Yoga (Ch 2) 1:30 Shop Target **Exhibition/ Super Power Dogs** 2:00 Beginner Line Dance Room Museum) O' Donnell: Branson Encore" (Ch 4) 11:00 - 1:00 Roundtable: Kelly Rowe. **OMNI Film (Science Spectrum &** 2:30 Cat's Crafts (*PPFL) (*WSCR) 1:00 Line Dancing (*WSCR) *PPFL - *PP Fireside Lounge 4:00 Balance Testing (*PPWC) Lubbock County Sheriff (*PPCR) 2:30 Eclipse Information Program 2:30 Lubbock Public Library Omni Theater) 7:00 Throwback Thursday Movie: 4:00 T'ai Chi Chuan Practice (*PPOR) 1:30 Ragtown Gospel Theater: 33 AD *PPOR - *PP Oakwood Room Bookmobile (*PPFL) 2:30 Bible Study (*PPCR) "How Green Was My Valley" (Ch 5:15 Wednesday Night Worship Service (Post, TX) 3:00 T'ai Chi Chih (*PPOR) (Neil Chapel) 6:00 Bingo (*PPCR) 6:00 Bluegrass Open Jam (*PPFL) *PPWC - *PP Wellness Center 7:00 Great Course Series: "Great 7:00 Weekend Movie: "The Blind 6:30 After Dinner Music with TTU 7:00 Great Course Series: "How to 7:30 Texas Tech Mariachis (Allen 7:00 Weekend Movie: "The Blind *WSCR - *WS CapRock Room Presidents" (Ch 2) Side" (Ch 4) Stay Fit as You Age" (Ch 2) Piano Students (*WSCR) Theater) Side" (Ch 4) 1:00 Eclipse Watching Party 1:00 Games in the Let's Play 9:30 Cornhole (*PPFL) 8:00 - 5:00 Pump it for 8:30 Parkinson's 10:30 Sunday Service 8:00 Coffee in the 13 Room (*WS Let's Play Room) (PP Bell Tower) Parkinson's (*PPWC & Symposium (Knipling 10:00 Creative Writing with Jim Powell (Neil Clubhouse 2:00 Men's Club (*PPCR) 1:30 Bible Study led by *WSWC) **Education Conference** (*PPOR) (Clubhouse) Chapel) 2:30 Popcorn and a Movie: "The Canzada Bray (*WS Let's 10:00 All Saints Episcopal Importance of Being Earnest" (Ch 4) Center) 10:00 Aqua Zumba (Swimming 2:30 Eucharist Service (Neil 2:00 Sonshiner Choir from Play Room) Orchestra (*PPFL) 2:30 Vision Impairment Resource Meeting 1:00 Line Dancing (*WSCR) Chapel) 1:30 Shop Walmart on 4th Bacon Heights (*PPFL) Pool) 1:00 Thursdaỳ Afternoon Games (*PP 3:15 Town Hall (*Neil Chapel) 2:30 Reader's Theater (WS Wilson Loft) 2:30 Bible Study (*PPCR) 4:00 Balance Testing (*PPWC) 4:30 Sunday Afternoon 3rd Floor N Common Area) 10:30 Laughter Yoga (Ch 2) 4:00 Happy Hour with 3:00 T'ai Chi Chih (*PPÒR) 4:00 T'ai Chi Chuan Practice (*PPOR) 2:00 Beginner Line Dance (*WSCR) 11:00 United Women in Faith Worship Service (Neil 6:00 Bingo (*PPCR) Entertainment by Kim & Rick 7:00 Balkan Spring Concert (St. Johns 5:15 Wednesday Night Worship Service 5:30 -11:00 A Circle of Friendship (CH-(*WS Wilson Loft) 7:00 "Best Communication Chapel) (Neil Chapel) (*PP Dining Room) United Methodist Church) 1st Floor Conference Room) 7:00 Great Course Series: "Great 7:00 Weekend Movie: "Walk 7:00 Weekend Movie: "The Strategies through the 7:00 Great Course Series: "How to 7:00 Weekend Movie: "Walk The 7:00 Throwback Thursday Movie: Presidents" (Ch 2) Stay Fit as You Age" (Ch 2) Blind Side" (Ch 4) Stages of Dementia" (Ch 2) The Line" (Ch 4) "Casablanca" (Ch 4) Line" (Ch 4) 10:30 Sunday Service Tax Day 9:30 Cornhole (*PPFL) :00 Games in the Let's Play 8:30 Day Trip to 9:00 Coffee and Donuts 8:00 Coffee in the Room (*WS Let's Play Room) (*WS Wilson Loft) Clubhouse (Clubhouse) with Jim Powell (Neil 1:30 Bible Study led by Midland (Midland. 10:00 Creative 2:00 Men's Club (*PPCR) 1:00 Line Dancing (*WSCR) 10:00 Aqua Zumba Canzada Bray (*WS Chapel) Writing (*PPOR) 2:30 Popcorn and a Movie: 3:00 Jess Peterson: (Swimming Pool) Let's Play Room) 1:15 Lubbock Arts Festival "Facing The Giants" (Ch 4) 1:00 Thursday Afternoon 12:30 -1:30 Technology "Promised Land?- The Israeli/ 10:30 Laughter Yoga (Ch 2) 1:30 Shop Target 2:30 Wii Bowling (*PPFL) (Civic Center) Games (*PP 3rd Floor N Palestinian Conflict" (*WSCR) Mentoring Project 4:00 Balance Testing (*PPWC) 2:00 "Best Communication 2:30 Book Club (*WS Wilson Loft) 4:30 Sunday Afternoon Common Area) 4:00 T'ai Chi Chuan Practice (*PPOR) 6:45 LSO and Vesper Concert: Luncheon (*WSCR) Strategies through the Stages of 2:30 Cat's Crafts (*PPFL) 2:00 Beginner Line Dance Worship Service (Neil 5:15 Wednesday Night Worship Service "Mahler's Resurrection Symphony" Dementia" (Ch 2) 2:30 Bible Study (*PPCR) 3:00 T'ai Chi Chih (*PPOR) (Neil Chapel) (FUMC) Chapel) (*WSCR) 7:00 Weekend Movie: "Tea With 7:00 Great Course Series: "How 2:30 Coke Floats (*PPFL) 7:00 Great Course Series: "Great 7:00 Weekend Movie: "Tea With 7:00 Weekend Movie: "Walk 7:00 Throwback Thursday Mussolini" (Ch 4) Presidents" (Ch 2) Mussolini" (Ch 4) to Stay Fit as You Age" (Ch 2) 6:00 Bingo (*PPCŘ) The Line" (Ch 4) Movie: "The Party" (Ch 4) :00 Games in the Let's Play Room 8:45 -9:30 Cornerstone 8:00 Coffee in the 10:30 Sunday Service **Passover** 9:30 Cornhole 1:00 Line Dancing (*WS Let's Play Room) Audiology Hearing Aid Clinic (*PPFL) Earth Day Clubhouse (Clubhouse) with Jim Powell (Neil 2:00 Men's Club (*PPCR) (*PPFL) (*WSCR) 2:30 Popcorn and a Movie: "The 1:30 Bible Study led by 9:30 T'ai Chi Chih Practice Chapel) Golden Age" (Ch 4) 9:30 -10:15 Cornerstone Canzada Bray (*WS 10:00 Creative 3:00 Happy Hour (*PPOR) 3:00 Healthy Aging Lecture Series: "Crisis Audiology Hearing Aid Clinic 2:30 Eucharist Service (Neil Management: Be Prepared" (*WSCR) Let's Play Room) 10:00 Aqua Zumba (Swimming Writing (*PPOR) (*WSCONR) with Entertainment by Chapel) 3:00 Healthy Aging Lecture Series: Crisis 1:30 Shop Walmart on 4th 1:00 Paint-a-Pot and Plant (The Dutch Pool) Management: Be Prepared (*WSCR)
4:00 Balance Testing (*PPWC) 4:30 Sunday Afternoon 2:30 Bible Study (*PPCR) Bo Garza (*PP Dinina 2:30 Reader's Theater (WS Wilson House of Plants) 10:30 Joy Club hosted by The 4:00 T'ai Chi Chuan Practice (*PPOR) Worship Service (Neil 1:00 Thursday Afternoon Games (*PP 3rd Lubbock Dream Center (*PPFL) Loft) 2:30 Wellness Room) 5:15 Wednesday Night Worship Service (Neil Floor N Common Area) Chapel) 3:00 T'ai Chi Chih (*PPOR) 10:30 Laughter Yoga (Ch 2) Presentation (*PPFL) 2:00 Beginner Line Dance (*WSCR) 7:00 Weekend Movie: 7:00 Great Course Series: "Great Presidents" (Ch 2) 7:00 Weekend Movie: "Tea 7:00 Great Course Series: "How to 7:00 Weekend Movie: "The 7:45 Bluelight Live: The Hub City Drifters (Blue Light) 7:00 Throwback Thursday Movie: "Les 6:00 Bingo (*PPCR) "The Notebook" (Ch 4) With Mussolini" (Ch 4) Stay Fit as You Age" (Ch 2) Notebook" (Ch 4) Misérables" (Ch 4) May 1st May 2nd 10:30 Sunday Service with 1:30 Bible Study led by 9:30 Cornhole -Activities in **bold** lettering are events that require 1:00 Games in the Let's Play Room Jim Powell (Neil Canzada Bray (*WS 1:00 Thursday Afternoon Games (*PPFL) (*WS Let's Play Room) Chapel) sign up. Let's Play Room) (*PP 3rd Floor N Common Area) 2:00 Men's Club (*PPCR) 10:00 Creative 2:00 Lisa Langford's 1:30 Shop Target 2:30 Popcorn and a Movie: "Bia" (Ch 4) Student Piano Recital (*WSCR) 2:00 Beginner Line Dance Writing (*PPOR) 2:30 Cat's Crafts (*PPFL) 4:00 Balance Testing (*PPWC) 3:45 Lisa Langford's Student Piano (*WSCR) 3:00 T'ai Chi Chih (*PPOR) 4:00 T'ai Chi Chuan Practice (*PPOR) -Please check on the What's What on the back of 11:00 Lunch out at Recital (*WSCR) 2:30 Caption Call: Hearing 6:30 Generation's Quartet 5:15 Wednesday Night Worship 4:30 Sunday Afternoon Worship **Buckets of Love** the calendar to get details and information on Service (Neil Chapel) (*PPFL) Loss Resource Meeting Service (Neil Chapel) 7:00 Great Course Series: "How 2:30 Bible Study (*PPCR) 7:00 Great Course Series: "Great 7:00 Weekend Movie: "The (*PPFL) various events. Presidents" (Ch 2) to Stay Fit as You Age" (Ch 2) 6:00 Bingo (*PPCR) Notebook" (Ch 4) **April** 2024 Carillon Community Schedule of Events